

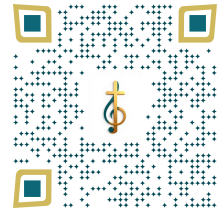
# “The Truth” Study Guide

©Christie Smith 2025 for Cross Road Christian Church  
And Seventeen : Eleven Young Women’s Studies

CCLI Song # 7213988

Jeff Pardo | Matthew West | Megan Woods

© BrentHood Music; Meaux Mercy; My Story Your Glory Music; Fair Trade Global Songs; Romans12twopublishing  
For use solely with the SongSelect® Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com)



More interactive studies online!

*How many times can you hear the same lie  
Before you start to believe it?  
The enemy keeps whisperin' to me I  
swear these days it's all that I'm hearin'*

What are some of the negative things you perceive about yourself?

Whose “voices” have you heard speak those negative messages over you? (Friends, family, school bullies, teachers, or just self-critique?)

It may be difficult to separate the people who put you down from the real enemy, Satan. Read the following passages. What does God have to say about Satan?

- Gen 3:1
- Rev 12:9-10
- 2 Cor 4:4
- John 8:44b

Satan’s got a tried and true three-pronged attack on us that goes back as far as the Garden of Eden. He questions, he scoffs, and then he subtly twists the truth into a lie. Consider the illustration from Genesis.

Genesis 3:1-5 Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden?’” And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die”. But the serpent said to the woman, “You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

Satan still uses those tactics today, often using people we know to gaslight us. How does this differ from God's approach?

*I used to know who I was,  
Now I look in the mirror and I'm not so sure.  
Lord, I don't wanna listen to the lies anymore.*

---

*When I feel like there's so much noise Livin'  
rent-free in my head,  
Heaven finds me in a still small voice And  
it sounds like grace instead.  
You remind me who I am  
When I look in the mirror and I'm not so sure  
Lord, I don't wanna listen to the lies anymore*

Discuss what methods can we use to learn how to hear God's voice over the lies of the enemy.

Consider how Satan has subtly twisted the truth to in this chorus based on the information below.

*The truth is I am my Father's child  
I make Him proud and I make Him smile  
I was made in the image of a perfect King  
He looks at me and wouldn't change a thing  
The truth is I am truly loved  
By a God who's good when I'm not good enough  
I don't belong to the lies, I belong to You  
And that's the truth*

Scripture gives us an example of what makes God "proud" in Hebrews 11:10-16. More accurately He tells us what makes Him unashamed to be called our God. He is unashamed because His people desire the heavenly "city" or kingdom that He had prepared more than their current environment. Note here that God initiated this by having first built the heavenly city. They in turn believed/trusted this, and wanted to be a part of His kingdom. So to sum it up, God created, they had faith, and God was unashamed.

What does God actually say about those who are have placed their faith in Him in the following passages? What is the key word?

- Proverbs 12:22
- Psalm 18:19
- Proverbs 3:11-12

What does God say about changing who we are?

- 2 Cor 5:17
- Ezekiel 36:26-27
- 1 John 1:9
- Phil 1:6
- Phil 4:13
- John 16:33

Can you think of a way that those two lines in the chorus could have been written to more accurately reflect what the Bible says pleases God?

Feel free to use the remaining space for any thoughts, questions or observations you may have.